

# Center Spotlight

## S.D.S.C. Weekly Schedule

### Sunday

Band - 2pm - 5pm

### Monday

Copy Cats - 9am

Blood Pressure - 10am

Ceramics - 1pm

Cards - 1pm

2<sup>nd</sup> Monday - Birthday Monday - 11:30am

3<sup>rd</sup> Monday - Foot Doctor - 9am

Last Monday - Western Wayne Quilt Guild - 7pm

### Tuesday

Dance Exercise - 9:30am

Jin Shin Jyutsu - 10am

Crochet/Knitting - 1pm

Tai Chi - 1:15pm **(call for dates)**

Yoga - 2:30pm **(call for dates)**

S.D.S.C. Quilting - 5pm

1<sup>st</sup> Tuesday - Caregivers - 6:30pm

2<sup>nd</sup> Tuesday - Art Group - 6pm

3<sup>rd</sup> Tuesday - Restaurant Club - 11am

### Wednesday

Variety Club - 11am

Photography Workshop - 1pm **(Call for dates)**

1<sup>st</sup> Wednesday - MS Group - 6pm

2<sup>nd</sup> Wednesday - Photography Club - 2pm

2<sup>nd</sup> Wednesday - Red Hat Meeting - 2pm

2<sup>nd</sup> & 4<sup>th</sup> Wed - We Care Quilting - 3pm

### Thursday

Dance Exercise - 9:30am

Manicurist - **(Call for appt.)**

Mat & Frame Workshop - 10:30am

Mat & Frame Class **(Call for dates)**

Beading - 12pm

Computer Class - 1pm **(Call for dates)**

Massage - 1-5pm

Herb class - 2pm

1<sup>st</sup> & 3<sup>rd</sup> Thursday - Shopping

2<sup>nd</sup> & 4<sup>th</sup> Thursday - Grief Support - 10am

3<sup>rd</sup> & 4<sup>th</sup> Thursday - Glass Fusing - 10:30am

3<sup>rd</sup> Thursday - Focus Hope / Commodities

12:00pm - 3pm

### Friday

Jin Shin Jyutsu - 9:15am

Art Class - 12:30pm

### Saturday

Line Dancing - 9:30am

2<sup>nd</sup> Saturday - Western Wayne Quilt Guild

9am - 3pm

### **Birthday Monday**

January 9th - sign up by Friday, January 6th

February 13th - sign up by Friday, February 10th

March 12th - sign up by Friday, March 9th



### **Restaurant Club - Formal to informal dining!!**

The Restaurant Club meets the 3<sup>rd</sup> Tuesday of the month unless otherwise specified. We will depart the Senior Center at **11:00am**. Your guest check may vary according to your choices.

**January 17th - Courthouse Grille - Plymouth**

**February 21st - Leonardo's Italian Grille - Romulus**

**March 20th - Zingerman's Roadhouse - Ann Arbor**

### **Newsletter Day**

A big Thank You to the newsletter crew who help put this on paper. Your patience, generosity and hard work are important to our center. You have a great system and it works well. Each of you make a valuable contribution and you are greatly appreciated.

The April, May and June newsletter will be put together on **Thursday, March 29th at 8am**. Hope to see you there!



### **Center Closings**

Kitchen closed for lunch the following days

Monday, January 2<sup>nd</sup> **Closed**

Monday, January 16<sup>th</sup> **Closed**

Monday, February 20<sup>th</sup> - **Closed**



### **Gift Shop**

Gift Shop hours are 10am - 2pm Monday - Friday. Beautiful handmade gifts for all occasions.

### **Manicures / Pedicures—NEW DAY!!**

Every Thursday starting at 10am.

Call the Center & make your appointment.

### **Foot Doctor - Exception - Tuesday, January 17th**

**Center is closed on Monday, January 16th**

**The Foot Doctor will be here on**

**Tuesday, January 17th**

Dr. Robert Lubin, our new Foot Doctor will now be here on the 3<sup>rd</sup> Monday of each month.

Call the Center for an appointment.

**SDSC HAS MANY NEW & INFORMATIVE EVENTS /CLASSES COMING UP IN THE NEXT MONTHS. FOLLOWING IS A LIST.**

**Tai/Chi / Yoga** - 7 week session starting Tuesday, January 10th and a second 8 week session starting Tuesday March 6th. Cost varies per session.

# Center Spotlight Continued..

## Glass Fusing Class

**3rd & 4th Thursday of Month at 10:30am**

Take advantage of our workshop and learn to make your own glass jewelry. Sign up at the Center.

## Computer Classes - 4 week session

**Starting Thursday, January 12th at 1pm**

Learn computer skills in a comfortable setting and a small group. Pre-registration required at SDSC office. Cost of class is \$25.00.

## Photography Class - 7 week session

**Starting Wednesday, March 28th at 1pm**

Learn involved operations of your digital camera with a more hands on approach. Includes field trips.

## Ice Cream Social - Tuesday, January 10th

**12:30pm** - Hosted by Hospice of Michigan  
Everything you wanted to know about hospice.  
Sign up at the office.

## SIX WEEKS TO A HEALTHIER YOU!!

### Eating Right is Basic.

Nutrition for Seniors - Six 1-hour presentations by Michigan State University Extension Nutrition instructors present this fun and interactive program **at no cost to you. Starts Wednesday January 18th at 11:00am** Sign up or call the Senior Center to register by Monday January 16th.

## Drive Away the Winter Blues!

**Beginner Golf Lessons - Thursdays for 6 weeks**

**Starting January 26th at 12:30pm**

**Instructor Tim Trollope - German Volunteer**

Learn the basics and get moving!

This class will provide valuable information as well as hands on training both indoor and outdoor. For further information call Tim at 734-699-8918 or stop in the Center.

## Income Tax Preparation

Hosted by AARP - Mondays only.

Starting February 6th thru April 9th.

Call the center and book your appointment.



## Public Safety Round Table Discussion

**Tuesday, February 7th at 10:00am**

**with Adam Byrd - Community Policing Officer**

Quarterly meeting gives our seniors the opportunity to have a face-to-face discussion, Q & A and also provide information on what the latest crime trends are through out the township.

## Balance in Budget Seminar

**Edward Jones Investments**

**Monday, February 13th - 2:00pm**

Discuss and address investor concerns surrounding the slow pace of economic recovery and examine investment opportunities. Sign up at the Center.

## Silent Auction / Movie / Popcorn!!!

**Wednesday, February 29th - 1:00 pm**

Mark your calendars! Watch the movie, I Remember Yesterday followed by the Silent Auction. Donations accepted of new or slightly used items. For more information stop in at the center.

## Insurance Review - Farm Bureau Insurance

**Wednesday, March 7th - Noon**

RSVP to SDSC by Monday, March 5th

Bring your current home and auto insurance coverage and questions to make sure you have the coverage you need at the best possible price. Complimentary lunch included.

**Superbowl - Sunday - February 5th**



**Daytona 500 - Sunday - February 26th**

**Daylight Savings Time begins**

**Spring forward - Sunday, March 11th**



**Paddle Pushers // Table Tennis**

**Now in the Game room!**

The resurgence of Ping Pong!! The appeal of ping pong transcends age, gender and physical ability. The game develops hand eye coordination and is also now recommended for people who want to keep functioning despite the onset of Alzheimer's. If anyone is interested in learning or playing, stop by the office and sign up for the class.

